Summer Strawberry Spinach Salad

by [EXIT REALTY GROUP](http://blog.exit-realty-group.com/author/admin/) on JULY 1, 2013 · [LEAVE A COMMENT](http://blog.exit-realty-group.com/summer-strawberry-spinach-salad/#comments)

[](http://blog.rls2000.com/wp-content/uploads/2013/06/strawberry-spinach1.jpg)It is the time of year when the strawberries are ripe and nothing says summer more than a nice summertime salad. This Strawberry Spinach Salad is a great dish to bring to the summer backyard party or serve as a healthy side for family dinner. Feel free to add more fruit like blueberries to this salad as well.

Ingredients

2 tablespoons sesame seeds  
1 tablespoon poppy seeds  
1/2 cup white sugar  
1/2 cup olive oil  
1/4 cup balsamic vinegar  
1/4 teaspoon paprika  
1/4 teaspoon Worcestershire sauce  
1 tablespoon minced purple onion  
10 ounces fresh spinach – rinsed, dried and torn into bite-size pieces  
1 quart strawberries – cleaned, hulled and sliced  
1/4 cup almonds, blanched and slivered

Directions

1. Whisk together the sesame seeds, poppy seeds, sugar, olive oil, vinegar, paprika, Worcestershire sauce and onion in a medium bowl.

2. Cover, and chill for one hour.

3. Combine the spinach, strawberries and almonds in a large bowl.

4. Pour dressing over salad, and toss.

5. Refrigerate 10 to 15 minutes before serving.

Makes 4 servings.

What is your favorite summertime recipe?